

MSU Extension Online Resources for Our Northern Michigan Community

MSU Extension Remote Learning & Resources Website - Click Here!

ONLINE PROGRAMMING:

Tips to Manage Your Finances

Transitioning Your Farm

Is Your Vehicle Emergency Ready? Tips for Traveling

Virtual Program Success, Safety

Food Safety @ the Food Pantry

For Parents of Young Children

12/8: Math for Infants/Toddlers12/15: Co-parenting

Stress Less with Mindfulness

For Youth

Agents of Kindness

Wild Spartans Series

12/8: Invasive Species & I

Food & Science:

Make a Bird Feeder
Candy Cane Ornaments

Astronomy: The Fermi Paradox

Online Babysitting Training

Let's Make Eggnog Scones!

Adulting 101 New Series!

Online Homebuyer Educational Sessions

See page 3

Health, Wellness & Relationships

<u>Mindfulness</u> can reduce stress-related symptoms, may help manage chronic conditions such as cardiac disease and diabetes

Give my kid a <u>credit card?</u> Are you crazy?

Managing chronic conditions during holiday festivities: Pain Diabetes

Food & Nutrition

MSU Extension Food Safety Hotline: 1-877-643-9882 bit.ly/2ICA3qH

How food purchasing habits changed in 2020

Wild Rice and Wild Mushroom Soup - Great Lakes cooking at its best!

Slow Cooker Cooking: Food Safety Quick & Easy Meals

Youth Wellness & Learning

Educational resources for parents, teachers and homeschool families

Sneak in some learning with these <u>fun holiday activities!</u>

Youth can learn to evaluate investment alternatives for their money

Science Literacy: Tree Growth

Community Resources

Largest agriculture training program <u>for military service members</u> in U.S. continues expansion

<u>The Farm Business Incubator Program</u> aims to serve as the launching point for individuals interested in starting their own farming enterprise

Are you getting a real Christmas tree this year? Some tips:

Which tree is right for you? Consider a living Christmas tree

Tips for success (and less stress) 3 ways to make your tree last

Connect online for more programs and resources

MSU Extension Online Events Schedule

Grand Traverse County MSU Extension Website & FaceBook Page

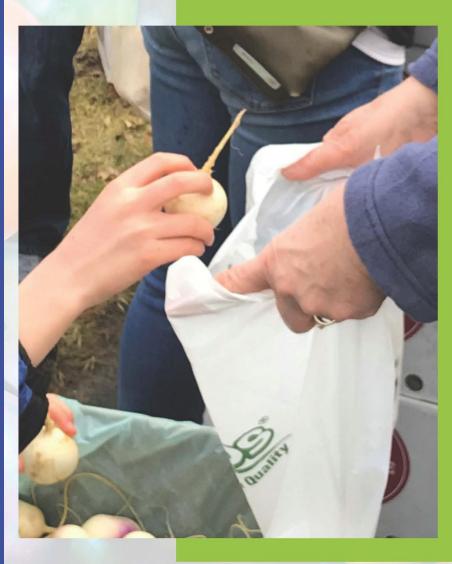
Updated 12-3-2020

Communicating Through Conflict Online Program Now Available!

Two offerings available: full certificate program or thirty-minute COVID module.

The Northwest Food Coalition





Dates & Topics

Dec 8 Who in Our Community is Facing Food Insecurity?

Jan 12 What are the Sources of Food Assistance?

Jan 26 How Do We Make Decisions to Address Community & Individual Needs?

Feb 9 How Do People in Need Get Access to Healthy Food?

Feb 23 What Values Drive Our Solutions?

Mar 9 What's Next? Chartering a
Path Forward for Food
Security for Our Community?

Join the conversation about food insecurity, hunger and the persons impacted by these issues in the greater Grand Traverse region. Join one or more of the six free, virtual sessions.



More details at:

www.northwestmifoodcoalition.org

October - December 2020 Homebuyer Webinar Schedule

This homeownership seminar from MSU Extension will provide you with valuable information about the home buying process, and will teach you:

- The advantages of homeownership
- The steps in the home buying process
- The costs of homeownership
- · The importance of good credit
- How to determine how much house you can afford
- Mortgage loan basics
- How to maintain your investment
- Certificate of completion good for one year

Completing the course and returning required paperwork fulfills the requirements for certificate of completion. This certificate can be shared with your mortgage loan officer to satisfy the homebuyer education requirement for MSHDA loans and down payment assistance, USDA Rural Development loans and many other lenders.

December 10	9 a.m. to 1 p.m. ET	Brenda Long <u>longbr@msu.edu</u>
<u>December 15 & 17</u>	5:30pm to 7:30pm ET	Beth Martinez <u>mart1751@msu.edu</u>

Webinar Pre-Registration is required.

Click the link or go to mimoneyhealth.org

Under Events, find the complete Events calendar!

Cost: \$25 (To request a scholarship based on financial need, contact the instructor beow to see if you meet the income criteria.)

Prefer a self-paced online class? Go to www.ehomeamerica.org/msue and choose the Homebuyer Education Course. It is available in English or Spanish and has a fee (this fee is not waived). Coupon code is MSUE10. It provides a certificate of completion when finished.



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